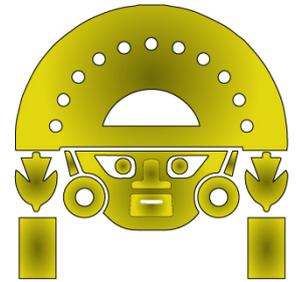


OPEN

Pan American

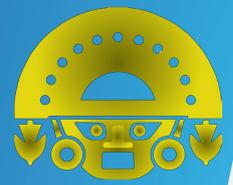
2016

LIMA



MARCH 03 - 07





PRESIDENT'S WELCOME OF THE PAN-AMERICAN JUDO CONFEDERATION



Dear athletes, coaches and delegates:

On behalf of the Pan American Judo Confederation, receive the most cordial welcome to the Pan American Open, which will be held in Lima, Peru.

This important competition of the calendar of the International Judo Federation will contribute to the formation of the higher ranking and award points for qualifying for the Rio 2016 Olympic Games.

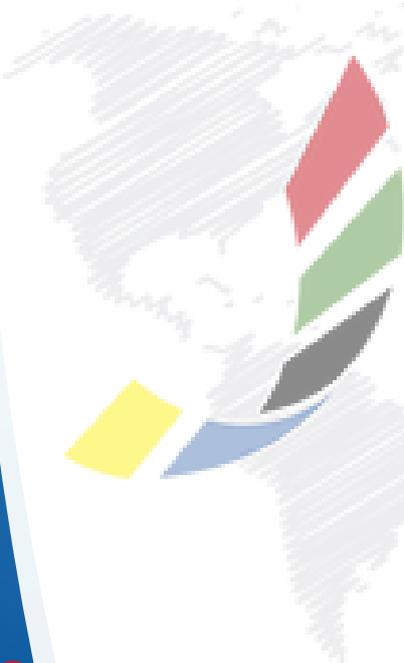
I take this opportunity to express my personal thanks for the support given to us by the task force of the Peruvian Sports Federation of Judo and its President, Mr. Erick Carlos Zegarra Presser.

The Pan American Judo Confederation wishes good luck to all the competitors and lots of achievements and satisfaction for all of you.

Manuel Larrañaga Bonavides y Rivera

President

Pan-American Judo Confederation



CONFEDERACION
PANAMERICANA
UDO



PRESIDENT'S WELCOME OF THE PERUVIAN JUDO FEDERATION



For the first time, Peru will host an event of the International Judo Federation, therefore, the Peruvian Judo Federation is doing its best to develop this commitment.

We invite the judo family from around the world to participate in the Pan American Open Lima 2016, to be held on 05 and 06 March, which is included within the circuit to qualifying for the Olympic Games.

We are working to offer a great event and we assure you that our country will welcome you with open arms, so you can enjoy of our people, the delicious food, culture and varied geography and nature, thus contributing to strengthen our bonds of brotherhood.

We believe that their enthusiasm make this a magnificent competition, leaving the desire to return for the edition of the next year.

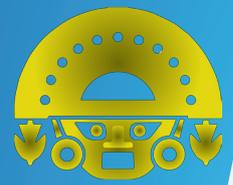
¡Welcome to Pan American Open Lima 2016!

Carlos Erick Zegarra Presser

President

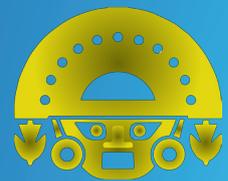
Peruvian Judo Federation

Judo
Perú



1. PROGRAM

Date	Time	Activity	Place
Thursday, March 3	12:00 - 21:00	Accreditation	Hotel María Angola
Friday, March 4	09:00 - 12:00	Accreditation	Hotel María Angola
	15:00	Draw	Casa Andina Private Collection
	16:30 - 17:30	Referee Meeting	Casa Andina Private Collection
	18:30 - 19:00	Unofficial Weigh-in Women: -48, -52, -57, -63 Men: -60, -66, -73	Hotel María Angola
	19:00 - 19:30	Official Weigh-in Women: -48, -52, -57, -63 Men: -60, -66, -73	Hotel María Angola
Saturday, March 5	10:00	Preliminaries on three (3) areas.	Coliseum 01 - Videna
	17:00	Bronzes and finales	Coliseum 01 - Videna
	18:30 - 19:00	Unofficial Weigh-in Women: -70, -78, +78 Men: -81, -90, -100, +100	Hotel María Angola
	19:00 - 19:30	Official Weigh-in Mujeres: -70, -78, +78 Hombres: -81, -90, -100, +100	Hotel María Angola
Sunday, March 6	10:00	Preliminaries on three (3) areas	Coliseum 01 - Videna
	17:00	Bronzes and finales	Coliseum 01 - Videna



2. ORGANIZER

Peruvian Judo Federation

Address: Avenida Del Aire cuadra 8- Videna Entrance N°2, San Luis Lima - PERU

Phones: +(51) 1 3254818 | +(51) 983525101

Email: openlima2016@gmail.com

3. DATE

March 05 - 06, 2016

4. TOURNAMENT PLACE

Coliseum 01 - VIDENA

Avenida Del Aire S/N cuadra 7 - Videna Entrance N°1 - San Luis Lima - PERU



5. PARTICIPANTS

Only national teams from federations that are IJF's members

- Maximum per each country: 4 competitors per weight category
- Birth date must be proved by means of an official PASSPORT from the country of origin. Peruvian athletes may give proof of it by means of a national identity document.
- Charge per competitor: **USD 20**
- The payment must be made in cash, in American Dollars, in the accreditation.

Gender	Weight Category	Born
Female	-48, -52, -57, -63, -70, -78, +78	2001 or before
Male	-60, -66, -73, -81, -90, -100, +100	before

6. REGISTRATION

Deadlines

First Entry (entry by number)	January 30, 2016
Hotel reservation	February 10, 2016
VISA Request (with passport copies)	January 30, 2016
Hotel Payment	February 15, 2016
Final Entry (entry by names)	February 15, 2016
Travel information	February 25, 2016

The registration must be done with de IJF online registration system at <http://www.judobase.org>.



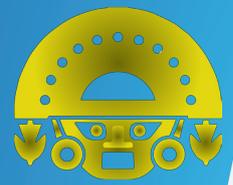
6. INSURANCE

Each National Federation is responsible for their competitors. Pregnancy control as well as gender control is under their responsibilities.

The federations must assume all responsibility for accidents and illness as well as public liability insurances for their competitors and staff during their stay in Peru.

Tournament's Management and the Peruvian Judo Federation will not be held responsible for any insurance related with the above-mentioned matters.

Inside the competition coliseum, tournament's management will provide primary care emergency service, and an ambulance to transfer people to a hospital facility, if required. All further or additional medical treatment, such as an injury and/or disease that requires hospitalization, treatment, surgical procedures and medicine will be taken on by each country's federation as far as costs are concerned. Therefore, all participating delegations and judokas will release the Peruvian Judo Federation and their respective organizing committee from the responsibility for any incident, injury, accident, disease or death that might take place inside or outside tournament's facilities or during trips or transportation related with this event.



7. HOTELS

HOTEL A (4 o 5 stars):

Full Board

- Simple - 270 USD
- Doble - 220 USD
- Triple - 180 USD

Bed /Breakfast

- Simple - 220 USD
- Doble - 170 USD
- Triple - 160 USD

Casa Andina

Private Collection

Avenida La Paz 463, Miraflores



Casa Andina

Select

Calle Schell 452, Miraflores



Casa Andina

Classic Centro

Av. Petit Thouars 5444, Miraflores



HOTEL B (3 o 4 stars):

Full Board

- Single - 190 USD
- Doble - 170 USD
- Triple - 160 USD

Bed /Breakfast

- Single - 170 USD
- Doble - 150 USD
- Triple - 140 USD

Hotel María Angola

Avenida La Paz 610, Miraflores



Allpa Hotel & Suites

Calle Atahualpa 199, Miraflores



El Tambo Hoteles

Avenida La Paz 720, Miraflores



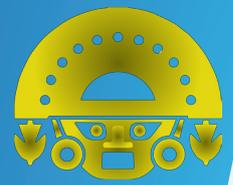
Bed/breakfast:

Lodging with breakfast

Full Board:

Lodging with breakfast, lunch and dinner

Hotel reservations must be made only through the tournament's organization until **February 10, 2016** at the latest. Minimum reservation: three (3) nights.



The hotel payment will be expected until **February 15, 2016** through a bank transfer in American Dollars (see details of the bank account below).

Those delegations of countries that cannot make bank transfers will have to pay in cash upon presenting credentials, having previously fulfilled in time with formal registrations and reservations.

Delegations that under any circumstance do not stay at the official hotels, indicated on these terms and conditions, will have to pay an extra registration fee of USD 200 for each delegation member. Such delegations will not be granted tournament's official transportation.

Any reservation or request for extra rooms, additional to the ones requested after the established deadlines, will have a surcharge of 10% on top of indicated rates, with no exception.

Any room cancellation after **February 15** will not be entitled to reimbursement. Reservation cancellations cannot be made upon check-in. Injuries, visa problems or diseases will not be accepted as valid reasons to cancel room reservations.

Hotel reservations are made in order of arrival of requests sent. In case the places in designated hotels are full, an hotel with the same features and proximity similar to hotels mentioned in these rules will be assigned letting you know in advance.

IMPORTANT: All property damage to hotels or tournament facility as result of a delegation stay, will have to be charged to the respective Federation, which will have to pay for the entire damages.

ACCOUNT FOR BANK TRANSFER

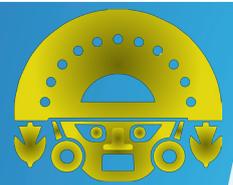
(Please, fill the information below correctly on the bank transfer document. Any amendment procedure related with the bank transfer must be done by the participating team before arriving to Peru).

Detail's Beneficiary

Name: Federación Deportiva Peruana de Judo
Address: Calle Marcos Dongo 192 - 190, Pueblo Libre, Lima - Peru
RUC number: 20196795350

Bank's Details

Name: BBVA Continental
Address: Avenida República de Panamá 3055, San Isidro, Lima - Peru
Account Number: 0011-0178-0100065287-93
Swift Code: BCONPEPL
Phone: +51 1 2111000



8. ACCREDITATIONS

Accreditation and delivery of credentials will be held:
Thursday, March 3rd from 12:00 pm to 09:00 pm at the hotel.
Friday, March 4th from 09:00 am to 12:00 pm at the hotel

The head of each country's delegation will have to be on time to present credentials of all the athletes and delegates. At that moment the value by competitor registered for the tournament (USD 20) will be paid.

Attending late or an absence for credential checking will lead to the exclusion of all the competitors from the draw and event.

All competitors, coaches and delegates will be provided with credentials, which they must carry all the time.

The passports of all participants must be available at hand at all times, in case it is required.

9. COMPETITION REGULATIONS

The competition will be conducted according to the IJF's refereeing regulations.

Gender	Fighting Time
Female	4 min Golden Score no limit
Male	5 min Golden Score no limit

Repechage will be of quarter finales.

10. WEIGH-IN

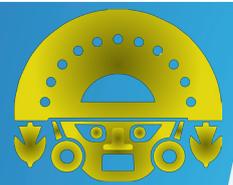
It will be conducted at the official hotels according to IJF's regulations

Unofficial Weigh-in	:	18:30 a 19:00
Official Weigh-in	:	19:00 a 19:30

11. DRAW

Date	Time	Place
March 04, 2016	18:30 to 19:00	Hotel Casa Andina Private Collection

- Each country may send two (2) delegate to the draw.
- The top eight (8) competitors from each weight category will be lead each series, according to the current IJF's World Ranking List.



12. AWARDS CEREMONY

- At the moment of receiving and award the athlete must present him or herself wearing a WHITE judogi.
- Every competitor that had won a medal must attend the ceremony and receive the medal in person. If a contestant is absent during the awards ceremony because of a non-valid reason, he or she will lose his or her right to the medal.
- It is strictly forbidden for the contestants to step up onto the podium carrying their national flags or similar identifications.
- It is also forbidden any religious, political, personal or commercial demonstration, or to do it wearing some cap, a head cover or any other accessory.

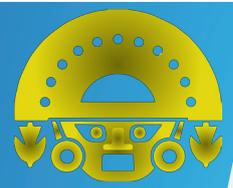
13. JUDOGI AND PROTOCOL

- At every official formation, awards and ceremonies start and end of tournament, the judokas must be present themselves wearing WHITE judogi, without socks, jackets or accessories.
- Because of feet hygiene, the judokas will have to walk wearing shoes around the warm-up area.
- Female competitors must wear, under the judogi jacket, a T-shirt or a short sleeved smooth white leotard, made out of strong fabric, long enough to tuck it in their trousers. T-shirt or leotard must be round neck and cannot show visible marks or drawings.
- The male and female hair must not touch the jacket lapel.
- The judogis must be clean and their size should be in according with IJF's regulations. The Sokuteiki will be used at the Stand-By area.
- Not following these regulations could lead to the disqualification from the tournament.

14. BACKNUMBER

- Each participant has the obligation to wear on the back of his or her judogi and embroidered patch with the last name and country abbreviation. It must have the following size: 38 cms. width - 39 cms. height. Name and country field must be 37 cms. width - 19,5 cms. height.
- Patches must be fixed evenly and centered on the back part of the judogis. They must be 3 cm. above below from lapel lower parts. Patches can be obtained from sites: www.ijfacknumber.com o www.mybacknumber.com
- Patches are responsibility for each Federation. Not complying with this requirement could lead to the disqualification of the judoka from the tournament.





15. COACHES

- The code of conduct of coaches must be strictly observed, including dress code, which for this event can be suit, trousers and necktie, or the sport uniform of the delegation.
- Coaches are not allowed to give instructions to the contestants while they are fighting. Only during MATE breaks, coaches will be allowed to give instructions to their athletes. After the break and during the fight, coaches must keep silence again.
- If a coach does not respect these rules, he or she can be expelled from the competition area. If the coach insists on his or her conduct from outside the competition area, he or she could be penalized and expelled from tournament's facilities.

16. TRAINING

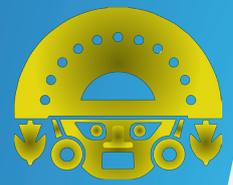
Training schedules will be given upon accreditation at the official hotel.

18. INTERNAL GROUND TRANSPORTATION

- The organizers will provide to the delegations hosted in official hotels, free of charge, transport between the airport and the official hotels, and From official hotels to where the activities planned for the tournament take place.
- The organization is not responsible for this transportation if the flight itinerary information is not sent on time, or you can be changed without notice, and in any case for activities outside those of the official tournament.

19. FUNDAMENTAL PRINCIPLE

- All Federations, their participating delegate, coaches and competitors at the Pan American Open Lima 2016 must respect and accept the organizer's authority, the Rules and Regulations of the organization, as well as the IJF's refereeing regulations.



INTERNATIONAL TRAINING CAMP

ORGANIZER

Peruvian Judo Federation

Address: Avenida Del Aire S/N cuadra 8 - Videna Puerta N°2, San Luis

Lima - PERU

Phone: +(51) 1 3254818 | +(51) 903525101

Email: openlima2016@gmail.com

DATE

March 07 - 10, 2016

Monday 07	Tuesday 08	Wednesday 09	Thursday 10
Ladies: 09:00 - 10:30	Ladies: 09:00 - 10:30	Ladies: 09:00 - 10:30	All: 10:00 - 12:00
Men: 11:00 - 12:30	Men: 11:00 - 12:30	Men: 11:00 - 12:30	
Ladies: 16:00 - 17:30	Ladies: 16:00 - 17:30	Ladies: 16:00 - 17:30	
Men: 18:00 - 19:30	Men: 18:00 - 19:30	Men: 18:00 - 19:30	

TRAINING PLACE

JUDO CAR - VIDENA Puerta N° 2

Avenida Del Aire S/N cuadra 8, San Luis

ACCOMODATIONS AND TRANSPORT

All participants in the international training must stay in the official hotels of the Pan American Open Lima 2016 tournament. This will be an obligatory requirement for participation in training.

Transportation to the training center and the airport is included.

ACCREDITATION

Deadline: February 2016

Registration must be made by an email sent by the federation of each country to the email:

openlima2016@gmail.com

PAYMENT

The camp fee per participant will be as follow:

Panamerican judo Confederation delegation USD 30

Other delegations USD 100

Payment must be made in U.S. dollars (USD) at the tournament accreditation (see rules N°8)

Please, make sure reserve your space at camp. Limited vacancies.



TOURIST ITINERARIES

The organization offers information and hiring of tour packages through travel agency L & Z TOURS SAC, being able to communicate to the email jrodriguez@lyztour.com with the subject: Open Judo Lima.

A. CITY OF LIMA

SHARED SERVICE

PICK UP: 09:00 ó 14:00 aprox

DURATION: 3 ½ hours

PRICE PER PERSON: 55,00 USD



MODERN LIMA

We begin our tour by modern residential districts of Miraflores and San Isidro. We will tour the financial center, the Golf Club, the Olivar, the Huaca Pucllana, pre-Inca ceremonial pyramid-shaped temple that has survived urban sprawl of Lima. We will stop at Larcomar, commercial and entertainment center located in the Malecon of Miraflores, where we will observe the Pacific Ocean.

COLONIAL LIMA

Continuing our tour, we head for the Historic Center of Lima declared in 1991 by the UNESCO as Cultural Patrimony of the Humanity, where the center of the Spanish colony was established in the sixteenth century and the first buildings were erected. We see the Plaza San Martin, balconies and old houses, the Plaza Mayor and its most important buildings like the Government Palace, the Cathedral of Lima, the Archbishop's and Municipal Palace, Desamparados Station, among others.

CONVENT AND CATACOMBS OF SAN FRANCISCO

We will enter one of the most important monasteries of the seventeenth century. Visit the old library, the chorus, the Main Cloister and the underground crypts known as the Catacombs. At the end of the tour there will be the option to stay in the indian market, in Larcomar or return to their hotel.

B. TOUR MAGIC WATER CIRCUIT

SHARED SERVICE

Duration: 2 ½ hrs. (approximately)

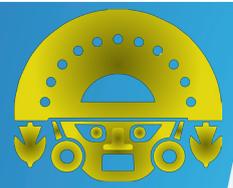
Departure times: 18:00 p.m From Wednesday to Sunday.
(closed monday and tuesday)

PRICE PER PERSON: 60,00 USD – MINIMUM 2 PASSENGERS

Guided tour to the "Magic Water Circuit", the complex of the world's largest fountain complex, certified by Guinness World Records. Here you can enjoy a marvelous show of water, light, music and images, presented in the famous Reserve Park, one of the most beautiful urban areas of Lima.



Enjoy an unforgettable evening enjoying a magnificent buffet dinner and spectacular show presenting the most important events of dance, music and Peruvian folklore. Our tour includes a Pisco Sour, our flagship drink.



C. FULL DAY CARAL

SHARED SERVICE

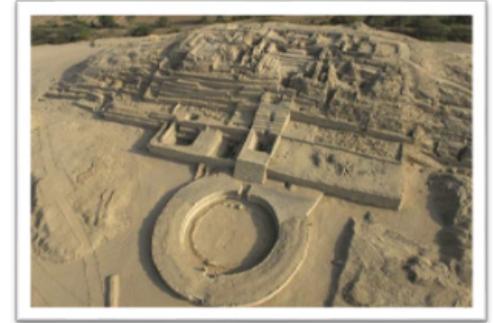
PICK UP: 06:30 am (approximately)

DURATION: 9 hours

PRICE PER PERSON: 130,00 USD – MINIMUM 2 PASSENGERS

"A lifetime experience"

Caral is contemporary age with the Egyptian pyramids and is surrounded by mountains located 184 kilometers north of Lima. It is the first civilization found in America and is approximately 5,000 years old. There is no evidence to clarify why and where they went, where the remains of people who lived there or what was the God they venerated. The visitor can appreciate fabulous monumental buildings and sacred fire altars used at the time.



THE PROGRAM INCLUDE:

- Pick up and return from Barranco, Miraflores, Surco, San Isidro and Lima.
- Guided bilingual: Spanish - English (Consult for other languages).
- Tickets to the archaeological sites.
- Exclusive transport from Lima in a van with a professional driver, insurance policy Tourism and maximum speed of 90 km/h.

RECOMMENDATIONS FOR TOUR:

- Wear light clothing (Bring sunglasses, hat and sport shoes).
- Use sunscreen 40°.

D. GOURMET TOUR

SERVICE IN PULL

DURATION: 3 ½ hours. (approximately)

Departure time:: 11:00 am

Days: Every day

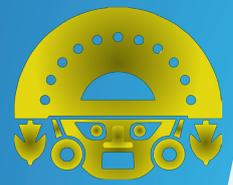
PRICE PER PERSON: 105,00 USD - MINIMUM 2 PASSENGERS



Our culinary adventure begins in a typical "Peruvian market." In this area you can see a variety of Peruvian products and enjoy unique fruits like chirimoya, lucuma, aguaymanto and pacaes.

Be amazed by the wide variety of fruits of our sea, considered one of the richest in the world.

We also will visit the exclusive restaurant "La Rosa Nautica", space where you will learn to prepare the national drink of Peru, our famous "Pisco Sour" and the delicious and unique "Ceviche". Then you can enjoy a delicious lunch including the most representative dishes of Peruvian cuisine.



E. TOUR PACHACAMAC

SHARED SERVICE

Duration: 3 ½ hrs. (approximately)

Departure times: 09:50 am / 02:50 pm

Days: from Tuesday to Saturday (closed Monday)

PRICE PER PERSON: 65,00 USD - MINIMUM 2 PASSENGERS



ANCESTRAL SHRINES

Our tour begins with a panoramic view of the "Pyramid Pucllana", built in the fourth century AD and considered "holy people" by the Incas.

PACHACAMAC ORACLE

Guided tour of the magnificent Citadel of Pachacamac, temple of the deity Pachacamac, creator of the universe for the ancient Andean peoples.

The citadel includes temples, pyramids and palaces. The Temple of the Sun, the Temple of Pachacamac, the "Acllahuasi" or Palace of the Virgins of the Sun, among others. The whole place was considered sacred and mystical part of the axis of the world.

BARRANCO AND PANTA OF VILLA (PANTANOS DE VILLA)

Our tour includes a visit to the traditional and bohemian district of Barranco, where the famous Bridge of Sighs out. We continue our tour of El Salto del Fraile, Pantanos de Villa and enjoy spectacular views of the Pacific Ocean.

F. LARCO MUSEUM

SHARED SERVICE

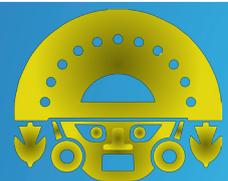
Duration: 3 hours (approximately)

Departure time: 09:50 am - Every day

PRICE PER PERSON: 70,00 USD – MINIMUM 2 PASSENGERS



Considered a must see by all editors and travel experts, and undoubtedly one of the best museums in Latin America. Located in a colonial mansion of the eighteenth century, built on a pre-Columbian pyramid seventh century, the Larco Museum is surrounded by beautiful gardens. The new galleries exhibit the best and most complete collection of pre-Columbian gold and silver from Peru in the world; as well as its famous collection of erotic pottery.



G. GOLD MUSSEUM

SHARED SERVICE

Duration tour: 3 hours (approximately)

Departure time: 14:50 pm - Every day.

PRICE PER PERSON: 80,00 USD – MINIMUM 2 PASSENGERS



Our tour of Peru's Gold Museum, will appreciate a dazzling collection of gold artefacts from various pre-Colombian civilizations, some more than 3,000 years old. Objects and jewelery of incalculable value in gold, silver and precious stones, ornaments and objects highlighting that in its heyday used the Incas, children of the Sun God and monarchs of the vast Inca Empire are exhibited. Gold fame Peru attracts numerous European adventurers 500 years ago and was due to end of the empire of the Incas, giving rise to the Viceroyalty of Peru to the Spanish Crown.

Peru's Gold Museum also houses a valuable collection of old and modern weapons that ranks among the best of its kind worldwide. In these rooms are shown armors, uniforms and objects from different times and places, including some dating from 1300 BC. This sample is known as Weapons of the World Museum.

H. ESENCIA DEL CUSCO

THE TOUR INCLUDE:

- Air ticket Lima/Cusco/Lima via LC PERU
- Transfers upon arrival in/out (airport – hotel – airport)
- Personal in English and Spanish language.
- Excursion City tour.
- Entrance fees to the different tourist centers
- Entrance ticket to Machu Picchu by train Expedition
- Train ticket - round trip
- Two (2) nights lodging
- Bus up and down (Concetur to Machu Picchu)
- Buffet lunch at Machu Picchu.
- Professional bilingual guide (English - Spanish) for all excursions.
- **Personalized assistance throughout your stay in Cusco.**



PRICE PER PERSON (AMERICAN DOLLARS)

TOURISTS HOTELS ***	Doble Room
CARLOS V	\$ 590
INKA ANDINA	\$ 590
HOTEL PRISMA	\$ 595
SUPERIOR TOURISTS HOTELS ***	Double Room
Cusco Plaza II	\$ 600
El Puma Hotel	\$ 620
Vilandre Hotel	\$ 620
San Francisco Plaza Hotel	\$ 610